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Standard Specification for Cellulosic Fiber Stabilized Thermal Insulation¹

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1. Scope

1.1 This specification covers the composition and physical properties of spray-applied cellulosic fiber stabilized thermal insulation applied to open or closed ceiling spaces, regardless of slope, where temperatures range from -49 to 194°F (-45 to 90°C).

1.2 Stabilized cellulosic fiber thermal insulation is produced by the addition of adhesive(s) to loose-fill cellulosic fiber insulation. The adhesive(s) may be added to the insulation at time of manufacture and, if necessary, activated by the addition of water when installed or the adhesive may be added to the insulation at the time of installation.

1.3 This is a material specification that is not intended to deal with methods of application that are supplied by the manufacturer.

1.4 The values stated in inch-pound units are to be regarded as standard. The SI units given in parentheses are for information only.

1.5 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

2. Referenced Documents

2.1 ASTM Standards:

- C 167 Test Methods for Thickness and Density of Blanket or Batt Thermal Insulations²
- C 168 Terminology Relating to Thermal Insulating Materials²
- C 739 Specification for Cellulosic Fiber (Wood-Base) Loose-Fill Thermal Insulation²
- C 1149 Specification for Self-Supported Spray Applied Cellulosic Thermal Insulation²
- C 1304 Test Method for Assessing the Odor Emission of Thermal Insulation Materials²
- C 1338 Test Method for Determining Fungi Resistance of Insulation Materials and Facings²
- E 970 Test Method for Critical Radiant Flux of Exposed

Attic Floor Insulation Using a Radiant Heat Energy Source³

3. Terminology

3.1 *Definitions*—For definitions of terms used in this specification, see Terminology C 168.

3.2 Definitions of Terms Specific to This Standard:

3.2.1 *shrinkage*—decrease in thickness that occurs from the time of installation until the insulation achieves a stable moisture content.

3.2.2 *stabilized cellulose*—a cellulosic insulation product treated to resist, after drying, further settling of no more than 5 %.

4. Materials and Manufacture

4.1 The basic material shall be recycled cellulosic fiber made from selected paper or paperboard stock. Additives are introduced to provide properties such as flame resistance, processing and handling characteristics. An adhesive is added to the insulation product to resist long-term settling of the insulation after installation and curing.

4.2 The materials are processed into a form suitable for installation by a pneumatic method.

4.3 The adhesive may be added to the product at the time of manufacture or at the time of installation by means of a liquid spray.

5. Physical and Chemical Properties

5.1 *Density*—The density of conditioned stabilized insulation in lb/ft^3 (kg/m^3) shall be determined in accordance with Section 7.

5.2 *Corrosiveness*—The loose-fill insulation material shall be tested for corrosiveness in accordance with Section 8. The composition of the insulation material shall be such that after testing, no perforation of the 0.003 in. (0.076 mm) metal specimens shall be evident when the specimens are observed over a 40-W appliance light bulb. Notches extending into the coupon 0.1 in. (3 mm) or less from any edge shall be ignored.

5.3 *Critical Radiant Flux*—When tested in accordance with Section 9, the critical radiant flux shall be equal to or greater than $0.11 \text{ Btu/ft}^2\cdot\text{s}$ (0.12 W/cm^2). All values shall be reported to two significant digits.

¹ This specification is under the jurisdiction of ASTM Committee C16 on Thermal Insulation and is the direct responsibility of Subcommittee C16.23 on Blanket and Loose-Fill Insulation.

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² *Annual Book of ASTM Standards*, Vol 04.06.

³ *Annual Book of ASTM Standards*, Vol 04.07.

5.4 *Fungi Resistance*—The loose-fill insulation material shall be tested and pass fungi resistance as specified in Section 10. The test specimen shall exhibit growth less than or equal to the comparative material in order to pass.

5.5 *Water Vapor Sorption*—Moisture gain in the insulation shall be no more than 15 % by weight when tested in accordance with Section 11.

5.6 *Odor Emission*—Any sample producing a detectable odor that is classified as objectionable and strong or strong by more than two panel members shall be considered to have failed the test when tested in accordance with Section 12.

5.7 *Smoldering Combustion*—When tested in accordance with the smoldering combustion test method in Section 13, the insulation shall show no evidence of flaming and a weight loss of no greater than 15 % of the specimen weight.

5.8 *Thermal Resistance*—The standard thermal resistance values recommended for application shall be expressed in °F·h·ft²/Btu (K·m²/W). The R-value shall be measured in accordance with Section 14. During random sampling, an average measured R for four specimens that is 95 % of the labeled value shall be acceptable provided no measurement is less than 90 % of the labeled value.⁴

5.9 *Flame Resistance Permanency*—The importance of an insulation product to maintain its fire retardant characteristics is recognized. A task group is currently studying methods to ascertain if there is long-term deterioration of fire performance characteristics of cellulose insulation. Should the need for a permanency test method be determined by this task group and a test method developed and finalized, it will become a part of this specification.

5.10 *Shrinkage*—The shrinkage (S_1) determined in accordance with Section 7.

5.11 *Settling*—The settling (S_2) determined in accordance with Section 7 shall be no greater than 5 %.

6. Workmanship, Finish, and Appearance

6.1 The product shall be free of extraneous foreign materials such as metals and glass that will adversely affect the performance in service.

7. Shrinkage, Settling, and Density

7.1 Density:

7.1.1 *Scope*—This test method provides a basis for calculating the product coverage values and for conducting physical property tests requiring the use of density for specimen preparation. The shrinkage and settling results provide information for installation.

7.1.2 *Significance and Use*—The density is the weight per unit volume expected after long-term attic use. All testing of this product shall be done using specimens having the density determined by the drop box method described in this section.

7.1.3 Apparatus:

7.1.3.1 *Insulation Specimen Container*—The drop box apparatus shall consist of an open-top box with sides and bottom

made from 3/4-inch (19 mm) thick plywood. The interior of the box should be treated with a water sealer. The interior dimensions of the box shall be 22×36×5-inch (deep) (559×914×127 mm) for insulation with $R < 22 \text{ ft}^2\cdot\text{h}\cdot\text{°F}/\text{Btu}$ (3.87 K·m²/W), 22×36×7 1/2-inch (deep) (559×914×191 mm) for insulation with $22 < R < 32 \text{ ft}^2\cdot\text{h}\cdot\text{°F}/\text{Btu}$ and 22×36×10-inch (deep) (550×914×254 mm) for insulation with $R > 32 \text{ ft}^2\cdot\text{h}\cdot\text{°F}/\text{Btu}$ (5.64 K·m²/W). A 1.0-inch (25 mm) steel “eye” shall be attached to each corner to facilitate lifting the box with a cable or rope harness and pulley system. All box dimensions shall be within ±3 % of the values specified above.

7.1.3.2 *Spacer*—A 6.0-inch (150 mm) thick spacer shall be fabricated for positioning the box above a concrete floor. The spacer should be fitted with a handle or heavy cord to assist moving it from below the suspended box. A quick release device can be used to drop the suspended box.

7.1.3.3 *Balance*—A balance having sufficient capacity to weigh a specimen container with freshly installed insulation to within 0.01 lb (5g).

7.1.3.4 *Probe and Ruler*—A 0.125 ± 0.008 inch (3.2 ± 0.2 mm) diameter metal rod that is pointed on one end shall be used as a pin gauge. A steel rule with 0.05 inch (1.0 mm) or finer readability shall be used to determine insulation thicknesses. The device pictured in Figure 1 of Test Method C 167 may be used.

7.2 Procedure:

7.2.1 A partially enclosed area is required for specimen preparation. The enclosure must protect the blowing operation from wind or strong air currents. The geometry of the room should not influence the stream of insulation from the hose. It is recommended that the area of the enclosure be at least 2.5 times the area of the test specimen container.

7.2.2 The weight of the empty box, M_1 , shall be determined to within 0.06 lb (25g).

7.2.3 The product to be tested shall be installed in the box using equipment and installation instructions recommended by the manufacturer. Excess insulation shall be screed from the top of the test specimen to provide a level surface that coincides with the top edges of the box. The weight of the box and newly installed insulation, M_2 , shall be determined to within 0.06 lb (25g) and recorded.

7.2.4 The average depth of the insulation shall be determined to within 0.05-inch (1 mm) using a metal probe. Five individual depth measurements shall be averaged to obtain the depth that is representative of the newly installed insulation. Individual measurements shall be taken at the center of the box and in each quadrant of the box.

7.2.5 The insulation shall be allowed to dry in a conditioned space maintained at $75 \pm 5^\circ\text{F}$ and $50 \pm 5\%$ RH until a change in net weight of the specimen is less than 0.06 lbs (25 g) in two consecutive weighings with 24 hours between weighings. The weight of the box with the conditioned (dry) insulation, M_3 , shall be recorded. Since moving of boxes containing insulation may disturb the insulation, an additional 10-in. deep box of insulation installed in the same manner as the test specimens may be prepared and used to track the drying of the test specimens.

7.2.6 The thickness of the conditioned insulation shall be

⁴ The ranges of thermal resistance, R, listed in this section are allowed by Federal Trade Commission 16 CFR Part 460 Trade Regulation Rule: Labeling and Advertising of Home Insulation.

measured by the same method used to measure the initial thickness.

7.2.7 The box containing the conditioned insulation shall be dropped five times onto a solid concrete floor from a height of 6 -0/+1/2 inches (150 -0/+13 mm). The average thickness of the insulation shall be measured after five drops using the method used to measure the initial thickness.

7.2.8 The insulation shall be removed from the box and weighed to within 0.01 lb (5g). This is weight M_4 .

7.3 Calculations:

All of the following are inside dimensions.

L = the length of the box , in. (mm)

W = the width of the box , in. (mm)

M_1 = the weight of the empty box in lbs (g)

M_2 = the weight of the box and insulation at installation in lbs (g)

M_3 = the weight of the box and insulation after conditioning in lbs (g)

M_4 = the weight of the conditioned insulation in lbs (g)

T_1 = the initial thickness of the insulation, in. (mm)

T_2 = the thickness of the insulation after conditioning , in. (mm)

T_3 = the thickness of the insulation after five drops, in. (mm)

Weight of water added during installation = $M_2 - M_3$ lbs (g)

percent water added during installation (dry basis) = $(M_2 - M_3) \times 100 / M_4$

V = volume of insulation before dropping = $L \times W \times T_2 / 1728$ ft³ or $(L \times W \times T_2 / 1 \times 10^9)$ (m³)

D = density of dry "stabilized" product = M_4 / V lb/ft³ or $(M_4 / 1000V)$ (kg/m³)

S_1 = % shrinkage = $(T_1 - T_2) \times 100 / T_1$

S_2 = % settling = $(T_2 - T_3) \times 100 / T_2$

7.4 Report:

7.4.1 Test material identification,

7.4.2 The dimensions of the drop box,

7.4.3 The thickness tested,

7.4.4 The percentage water added (dry basis),

7.4.5 The density of the dry-stabilized product,

7.4.6 The percent shrinkage,

7.4.7 The percent settling.

7.5 Precision and Bias:

7.5.1 The precision of this test method is not known because interlaboratory data are not available. Interlaboratory data are being obtained and a precision statement will be added with the next revision.

7.5.2 Bias cannot be determined at this time since a recognized standard is not available.

8. Corrosiveness

8.1 *Determination*—Corrosiveness shall be determined in accordance with section 6.7 of C 1149 using the density determined in Section 7 with a 10-inch deep (254 mm) drop box.

9. Critical Radiant Flux

9.1 *Specimen Preparation*—The specimen shall be prepared in accordance with the manufacturer's installation instructions.

9.2 *Measurement*—Critical Radiant Flux shall be determined in accordance with E 970-97. Products shall be tested

after a test specimen including the adhesive has been conditioned to constant weight.

9.3 *Report*—Each of the three measurements shall be reported.

10. Fungi Resistance

10.1 *Measurement*—Fungi resistance shall be measured in accordance with Test Method C 1338.

10.2 *Comparative Material*—A section of untreated southern yellow pine approximately 2×2×0.75 in. (50.8×50.8×20 mm) will be used as the comparative material. The upper surface of the pine shall be planed smooth to determine the relative growth on specimens being tested. For insulation intended to be mixed with adhesive at the time of installation, determine the amount of adhesive concentrate required for 0.35 oz (10 g) of dry insulation. Mix the adhesive with 37.5 ml of distilled or deionized water and add this to the dry insulation to form a slurry. For material intended to be mixed only with water at the time of installation, mix 37.5 ml of distilled or deionized water with 0.35 oz (10 g) of dry material.

11. Water Vapor Sorption

11.1 *Measurement*—Water vapor sorption shall be determined in accordance with Section 12 of C 739 for the density determined using a 10-inch deep drop box.

12. Odor Emissions

12.1 Odor emission shall be determined in accordance with Test Method C 1304.

13. Smoldering Combustion

13.1 Specimen Preparation:

13.1.1 Specimen preparation shall be in accordance with section 6.5 of C 1149 or Section 14 of C 739.

13.2 The smoldering combustion test shall be done for test specimens at a density within 5 % of the density determined in Section 7 using a 10-inch deep drop box. The test shall be performed on dry material containing adhesive in the case of a product containing a dry adhesive. Products that use a spray-applied adhesive shall be tested after a specimen including adhesive has been allowed to condition to constant weight. The criteria given in section 7.2.5 shall be used to identify conditioned specimens for the purpose of this test.

14. Thermal Resistance

14.1 Thermal resistance shall be determined in accordance with Section 15 of C 739. The test specimens must be stabilized product that has been prepared in accordance with manufacturer's recommendations and allowed to dry in accordance with section 7.2.5. Three specimens shall be tested at each of the densities determined in Section 7. The thermal test specimens must have an average density that is within 5 % of the density determined in Section 7. The thermal tests shall be carried out at a thickness that equals or exceeds the representative thickness or 4 in. (102 mm) whichever is smaller. The thermal resistivities (R-per-inch of thickness) reported for each of the densities tested shall be the average of the three measured values.

15. Inspection

15.1 Inspection of the insulation shall be made as agreed

upon by the purchaser and the manufacturer as part of the purchase contract.

16. Packaging and Package Marking

16.1 *Packaging*—Unless otherwise specified, the insulation shall be packaged in the manufacturer’s standard commercial containers.

16.2 *Package Marking*—Each bag of insulation shall be marked to include the following:

16.2.1 Name, plant location and telephone number of manufacturer,

16.2.2 Manufacturing date and location,

16.2.3 Net weight of insulation per bag,

16.2.4 The manufacturer specifies that to provide the levels of thermal resistance shown, the insulation must be installed to satisfy each of these conditions: minimum thickness, minimum weight per unit area, and maximum coverage.

16.2.5 Filled-in coverage chart shall be based on the appropriate density determined in Section 7, which shall contain the information prescribed in Table 1.

17. Supplementary Requirements

17.1 The manufacturer’s specification for the weight percent water or amount of adhesive to be added to the insulation at the time of installation.

17.2 *Certification*—“This insulation has been installed in conformance with the above recommendations, to provide a

TABLE 1 Example of Suggested Form for Attic Insulation Coverage Chart

R-Value at 75°F Mean Temperature	Maximum Net Coverage		Thickness, when installed, inches (minimum) ^A	Thickness, when dry, inches (minimum)	Weight, lb/ft ² (minimum) ^B
	Bags/1000 ft ² (minimum)	Maximum coverage per Bag, ft ²			
R-50	—	—	—	—	—
R-44	—	—	—	—	—
R-40	—	—	—	—	—
R-38	—	—	—	—	—
R-32	—	—	—	—	—
R-30	—	—	—	—	—
R-24	—	—	—	—	—
R-22	—	—	—	—	—
R-19	—	—	—	—	—
R-13	—	—	—	—	—
R-11	—	—	—	—	—

^A Minimum thickness at time of installation (inches).

^B Minimum weight of dry insulation (lb/ft²)

value of R-_____ using _____ bags of this insulation to cover _____ square feet of area,” including: a place for the builder’s signature, company name, address and telephone number, date, and place for applicator’s signature, company, name, and date.

18. Keywords

18.1 cellulose; shrinkage; stabilized cellulose; thermal insulation

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