

for Design and Construction of Residential Health, Care, and Support Facilities

4.2-1.2.2 Shared Services and Space

See Section 4.1-1.2.2 (Shared Services and Space) for requirements.

4.2-1.3 Environment of Care Requirements

4.2-1.3.1 General

See Section 1.2-1.3 (Environment of Care and Facility Function Considerations) and Section 1.2-4 (Environment of Care Requirements) for requirements.

4.2-1.3.2 Flexibility

Residential care and support facilities shall be designed to provide flexibility to meet the changing physical, medical, and psychological needs of residents.

APPENDIX (continued)

- Specialized social, recreational, educational, and spiritual programs are offered based on individual resident needs.
- Residents receive individualized personal care and health-related services as needed, including care management by a registered nurse, therapy services by therapists certified in physical, occupational, and speech therapy; and hair salon services.
- Travel distances for staff and residents are usually very short due to the household nature of a decentralized community, except for food service staff when food is prepared in a central kitchen.
- This type of community offers an emergency response system for residents.

b. Physical setting. Assisted living facilities are further differentiated according to their physical settings.

Small Model

- Resident bedrooms are designed to provide private sleeping areas and access to a bathroom shared by no more than two residents.
- Evaluation of the need to provide a meeting area for families due to the home-style design of the community is recommended.
- Common areas include dining and living spaces.

Medium-Sized Model

- Resident units should be designed to provide minimally private or semi-private sleeping and living areas and access to a bathroom shared by no more than two residents.
- Evaluation of the need for some decentralized services and activity areas to reduce travel distances for staff and residents is recommended.

4.2-1.3.3 Supportive Environment

The facility design shall produce a supportive environment to enhance and extend quality of life for residents and facilitate wayfinding while promoting resident privacy and dignity.

4.2-1.3.3.1 The architectural environment of the assisted living facility shall support the services and levels of care provided in the facility, which are in large part driven by the service needs and lifestyle preferences of the residents being served.

4.2-1.3.3.2 Assisted living facilities shall be designed and constructed to provide a supportive residential environment that is conducive to day-to-day activities consistent with the cultural, emotional, and spiritual needs of residents. This supportive environment shall:

—Common areas include dining, activity, and living/gathering spaces.

Large Model

- Private living quarters are provided, including sleeping areas, a bathroom, and dining and living rooms.
- Unit designs include studio and one- and two-bedroom apartment styles.
- Evaluation of the need for some decentralized services and activity areas to reduce travel distances for staff and residents is recommended.

c. Additional benefits. Some additional benefits of the small, medium-sized, and large models of assisted living include the following:

Small Model

- The small nature of this setting provides for strong personal relationships between residents and staff.
- This setting is typically provided by an owner-operator who is both the owner and provider of care.

Medium-Sized Model

- This setting typically allows for semi-private occupancy of the dwelling units.
- This model can often be provided at a lower cost than small or large models.

Large Model

The size of this community allows creation of multiple households or neighborhoods to serve populations with specialized care needs. Examples are residents who suffer from memory or dementia disorders or Parkinson's disease or who need significant assistance with activities of daily living.

d. See appendix table A4.2-a (Assisted Living Facility Type Characteristics) for additional information.